



Connecticut Mini Mission of Mercy Free Dental Clinic Final Report East Lyme High School October 10 & 11, 2015

Outcome

On October 10-11, 2015, the Connecticut Mission of Mercy Free Dental Clinic (CTMOM) held the Inaugural Connecticut **Mini** Mission of Mercy Free Dental Clinic (CTMiniMOM) in East Lyme; CT. East Lyme High School graciously and generously hosted the two day event, and provided an overwhelming amount of in-kind services. This was the first mini project for the mission and the experience learned from the past eight full-size clinic missions proved invaluable in making this project a success.

With full cooperation from the Connecticut State Dental Association (CSDA) and **422 volunteers**, CTMOM provided \$**299,293** in free oral health care to **489 patients**.

The East Lyme High School cafeteria and atrium were transformed into a small-scale dental clinic with patient registration, medical & dental triage, restorative, oral surgery, hygiene and sterilization departments working together to see as many patients as possible during the two days of the clinic.

Patients were treated on a first-come, first-serve basis. They waited their turn to see the medical and dental team for an initial evaluation and to prioritize dental services needed. Each team member and patient had a valued role and voice in ensuring optimal care. As dentists and dental hygienists became available, patients were guided to areas of the clinic where they underwent treatment for the most urgent problem that needed to be addressed. Bilingual volunteers were available throughout the clinic to assist non-English speaking patients. Sign language interpreters volunteered their services for the hearing impaired.

Thirty-One Veterans were treated at the CTMiniMOM Free Dental Clinic.

Patients

Patients traveled from 89 cities, towns and villages throughout the state to attend the clinic. It should also be noted patients attended the clinic from California, Colorado, Florida, Massachusetts, Maryland, Minnesota, Mississippi, New Jersey, Ohio, Rhode Island, Texas, Vermont and West Virginia.

The following table lists the number of patients by county/state and percentages:

County/State	# of Patients	Percent
Fairfield County	45	9.23%
Hartford County	38	7.79%
Litchfield County	6	1.23%
Middlesex County	30	6.15%
New Haven County	36	7.38%
New London County	310	63.33%
Tolland County	3	0.62%
Windham County	6	1.23%
Out of State	15	3.04%
Grand Total	489	100%

Other patient demographics include:

Gender		
Male	267	54.52%
Female	222	45.48%

The vast majority of patients were adults. The utilization of services by adults further proves the definite need for adult services in our state.

*All charts below are based on patients that provided requested information.

Age	Total Patients	Percentage
Between 1 and 10	6	1.23%
Between 11 and 20	20	4.10%
Between 21 and 30	73	14.96%
Between 31 and 40	59	12.09%
Between 41 and 50	65	13.32%
Between 51 and 60	81	16.60%
Over 60	68	13.93%
Age 18 and under	17	3.48%

Youngest Patient	3
Oldest Patient	95
Average Age	44.23

When we evaluated the breakdown of ethnic groups, we found the following:

Ethnicity		
African American/Black	42	8.61%
Asian/Pacific Islander	7	1.43%

Caucasian	210	43.03%
Hispanic	91	18.65%
Indian	10	2.05%
Other	12	2.40%

As part of registration, patients were asked about their history with dental insurance. Not surprisingly, the vast majority of patients indicated they either did not have dental insurance, or they were unable to afford the co-pay associated with their plans in order to receive necessary dental care.

Insurance	
No Insurance and unable to pay for dental care	305
Insurance from job but unable to afford deductible	23
Self Insurance	8
Medicaid or Chp plus	0

The table below provides information regarding patients who sought treatment at previous CTMOM clinics. It is possible these patients have made CTMOM clinics their dental home.

Previous MOM Clinics	
Clinic Location & Year	Total Patients
Danbury 2015	21
Hartford 2014	17
Bridgeport 2013	13
Danbury 2012	13
Waterbury 2011	6
Middletown 2010	8
New Haven 2009	7
Tolland 2008	4
Total unique patients	56

As part of registration, patients were asked about their dental visit history. The following table provides the length of time since their last dental appointment.

Dental Visit History	
Length of Time	Total Patients
2 + Years	250
Between 1 and 2 Years	109
First Visit to Dentist	2
6 to 12 Months	73
Less Than 6 Months	35
Less Than 30 Days	20

Patients received oral health instructions, oral health education literature, toothbrushes, toothpaste and floss to assist them with their long-term oral health. Oral cancer screenings were performed on everyone. One tissue sample was sent for biopsy. Particular attention was paid to the strong parallel between good nutrition and good oral health.

A total of **188** patients were advised that they needed additional treatment and were referred to local Community Health Centers. Patients who were not able to receive treatment due to health conditions were referred to their physician for treatment or a Community Health Center, if they did not have a primary health care provider.

A total of **243** patients reported they did not have a place to be seen for dental care. To assist them in finding a dental home, CTMOM enlisted the help of all the available Community Health Centers in the state. Patients were given a brochure listing all the available Community Health Centers with their contact information. A follow-up mailing with additional information will be sent to these patients.

Patients were provided with free antibiotics, non-narcotic pain relievers and pre-medication for dental treatments, if required. A total of **133** prescriptions were filled onsite and **3** pre-med prescriptions were given to patients before treatment. Prescriptions were written for narcotics when necessary and patients were referred to low cost pharmacies to fill them.

Procedures	
Oral Exams	489
Prophys (Cleanings)	196
Oral Hygiene Instructions (Comprehensive)	202
Fluoride Treatments	198
Full Mouth Debridements	14
Periapical X-rays	405
Bitewing X-rays	157
Oral Cancer Screenings	489
Restorative-Amalgam Fillings	10
Composite Fillings	330
Core Buildup	3
Other Restorative Procedures	3
Sedative/Temporary Filling	1
Endodontic-Root Canals	8
Therapeutic Pulpotomy	1
Oral Surgery-Extractions	162
Biopsy of Oral Tissue Soft	1
Other Oral Surgery Procedures	2
TOTAL PROCEDURES	2,671

Volunteers

The 2015 Connecticut Mini Mission of Mercy program could not have been a success without the guidance of our dedicated CTMiniMOM Steering Committee and hundreds of volunteers who donated their time and expertise to the project, some of whom volunteered for the entire event including set-up and breakdown. Dental, Medical, Professional and Community Volunteers all came together to ensure that patients received an efficient and caring experience.

The staff of Integrity Systems and Solutions, LLC and Jordan Byron generously donated their time before, during and after the clinic and provided all the computer hardware and software needed for registration, radiology and data collection for the event.

A team of dentists provided emergency care to any patient who needed follow up treatment from a procedure received at the clinic. This care was provided for 30 days immediately following the clinic at no cost to the patient.

Volunteer registration was an online process. All volunteer information was provided by e-mail and available on the website.

Volunteer Statistics	
CTMOM Steering Committee & Leads	43
Dentists	43
Dentists (out of state)	2
Dental Students	8
Dental Residents	2
Hygienists	44
Hygiene Students	34
Dental Assistants	52
Dental Assisting Students	6
Dental Administrators	12
Dental Distributors/Field Representatives/Equipment Technicians	6
Pharmacists/Students/Pharmacy Technicians	3
Physicians/Physician Assistant/Physician Assistant Student	2
Nurse/Nurse Practitioner/Nursing Student/Nursing Assistant/Medical Student/EMT	16
Translators/Interpreters	28
Community Volunteers	121
TOTAL VOLUNTEERS	422

Sponsorship/Donors

The following is a list of all **major** monetary donors for both the 2015 CTMiniMOM and 2015 CTMOM. A listing of **all** donors can be found on our website, www.ctmom.org.

Diamond

The Robert G. and Marguerite M. Derx Foundation

Platinum

Beatrice Fox Auerbach Foundation Fund at the Hartford Foundation for Public Giving
Connecticut State Dental Association
Delta Dental of New Jersey Foundation, Inc.
Maximilian E. & Marion O. Hoffman Foundation, Inc.
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Gold

Anthem Blue Cross & Blue Shield
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The James McManus Fund of the Hartford Dental Society, Inc.
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Stanley D. and Hinda N. Fisher Fund at the Hartford Foundation for Public Giving
Vernon D. and Florence E. Roosa Family Foundation at the Hartford Foundation for Public Giving

Bronze

Dental Works, LLC
Douglas C. Lane & Associates, Inc.
Greater Danbury Dental Society
Scott & Kathy Grummom
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Manchester Dental Society
Purple Tooth Society
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Jeffrey & Heather Trachtenberg

Champions

Carol Dingeldey & Dr. David Litton
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Greater Hartford Chapter of Alpha Omega International Jewish Dental Fraternity
Greenwich Study Club - In Thanks to Dr. Bruce Cha & Dr. Gerald Hyman
Stephen A. & Joan R. Howard
Dr. Jonathan Knapp
Dr. Stanley Lee
Motel Hotel Associates, Inc.
Rotary Club of East Hampton, Inc.
Dr. Lawrence Ryan
Savings Bank of Danbury

The Comcast Foundation
Dr. Eman Traynor
Union Savings Bank

In-Kind Contributions:

In-kind donations provide substantial support for the clinic. The value of these contributions adds to the true overall cost of conducting the Connecticut Mission of Mercy Free Dental Clinic.

The following is a list of in-kind contributions provided to CTMiniMOM 2015.

CTMiniMOM Major In-Kind Sponsors

American Medical Response Benco Dental Supply Bioserve Jordan Byron Centrix, Inc. Connecticut State Dental Association Dart Dental Supply	East Lyme High School Edge Endo Integrity Systems and Solutions, LLC Patterson Dental Supply, Inc. Henry Schein Dental Siracusa Moving & Storage
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CTMiniMOM In-Kind Sponsors

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CTMiniMOM would like thank the following for all their generous help and support:

- Connecticut State Dental Association and its members
- East Lyme Board of Education
 - Jeffrey R. Newton, Superintendent of Schools and staff
- East Lyme High School
 - Michael Susi, Principal and staff
 - Maria Whalen, Business & Facilities Director and staff
 - Ted Hunt, Facilities Services Supervisor and staff
 - Chris Olsen, Director of Safety & Security and staff
- Chartwells
 - Melissa Leveille, Director of Food Services and staff
- Town of East Lyme
 - First Selectman, Mark C. Nickerson
 - East Lyme Police Department
 - East Lyme Fire Department

Promotion

Information for the Connecticut Mission of Mercy Free Dental Clinic was included on the CFDO's website. Promotional materials were also included on the website. Potential patients were referred to the website for information regarding time, place, services being provided and general instructions regarding pre-existing health conditions.

School districts, community health centers, social service agencies, hospitals and community agencies promoted the event.

Media

WFSB, Fox 61, WVIT, The Day and the Norwich Bulletin covered the event. All coverage was positive before, during and after the event.

Coverage of the event can be found online in the CTMOM newsroom at www.cfdo.org. Also included in the CTMOM newsroom are links to articles, op-eds and letters to the editor regarding the Connecticut Mini Mission of Mercy Free Dental Clinic.

Visiting the clinic over the weekend were State Senator Paul Formica, Congressman Joe Courtney, State Representative Devin Carney, State Representative Ed Jutila, State Representative Kathleen McCarty, State Representative Kevin Ryan and First Selectman Mark Nickerson.

Future of all CTMOM Clinics

You can find the Connecticut Foundation for Dental Outreach and the Connecticut Mission of Mercy Free Dental Clinic website at www.cfdo.org or www.ctmom.org. Interested parties are able to "tune in" to see the CTMOM video and keep up-to-date, on what is happening with the Foundation, CTMOM and other outreach activities. They will also be able to contribute online to the Foundation. For the convenience of our CSDA members, there is a link to our website from the CSDA's website.